NaFDent 0,25 mg F

Lozenge with fluoride

What is NaFDent?

NaFDent is lozenge with fluoride and xylitol, which is intended for adults, adolescents and children teeth. Fluoride contributes to the maintenance of tooth mineralisation. The best effect of the fluoride is achieved using fluoride several times daily. Good dental hygiene and fluoride are recommended for daily dental care.

Ingridients of NaFDent:

1 lozenge contains 0,25mg fluoride and 94mg xylitol. Other substances and additives: sorbitol (sweetener), magnesium salts of fatty acids (glazing agent), strawberry-flavor, raspberry-flavor.

Using NaFDent:

The NaFdent dosages are divided throughout the day. The recommendation is to take tablet after meals. The tablet is dissolved slowly in the mouth. Follow the dosage instructions. Excessive consumption may produce laxative effects.

Recommended daily dose:

The daily dosage is according to the fluoride content in the drinking water. **For adults:** 4-6 tablets daily. Is also suitable for pregnant and breastfeeding according to the dosage instructions.

For children and adolescents: the dosage according to the table below.

Fluoride content in the drinking water

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Weight (kg)	Age (years)	< 0,4 mg/l	0,4-0,8 mg/l
8 - 15	< 3	1 tabl.	-
16 - 20	3 - 6	2 tabl.	1 tabl.
21 - 35	7 - 12	3 tabl.	2 tabl.
36 - 50	13 - 15	4 tabl.	3 tabl.
over 50	> 16	6 tabl.	4 tabl.

The recommended daily does 1-6 tablets contains 0,25-1,5 mg fluoride.

The fluoride content of the drinking water can be asked from the local dental clinic or local water company.

Please note:

If the fluoride content of the drinking water exceeds 0,8 mg/l (0,8 ppm), ask first advice from your dental clinic about fluoride tablets before using NaFDent.

Package sizes:

50 and 300 lozenges

Storage:

Store at room temperature, below 25 °C. Keep out of the sight and reach of children.

Manufacturer:

Vitabalans Oy Varastokatu 8 13500 Hämeenlinna Finland www.vitabalans.com